PRESCRIPTION MEDICATION THAT CAN BE TAKEN- YOU MUST TAKE IT ONLY AS PRESCRIBED.

DRUGS THAT CAN BE TAKEN
TESSALON PERLES
TORADOL
MELCLOMEN
NALFON

ANTIHISTAMINES THAT CAN BE TAKEN
CLINORIL
FELDENE
ALLEREST
COMHIST
COMTREX
DIMETANE
HISTADYL
ORNADE
PBZ
POLAMINE
PYRIBENZAMINE
TELDRIN

VIII. MEDICATIONS THAT MAY BE TAKEN

OVER-THE-COUNTER (OTC) MEDICATIONS THAT MAY BE TAKEN TO RELIEVE PAIN OR OTHER SYMPTOMS. *TAKE ONLY AS DIRECTED AND DO NOT USE ANY AMOUNT BEYOND WHAT IS RECOMMENDED*:

acetylsalicylic acid (Aspirin®, Ecotrin®, Bufferin®)
acetaminophen (Tylenol®)
ibuprofen (Motrin®, Advil®, Medipren®)
naproxen (Aleve®)
ROBITUSSIN

There are many other products that contain combinations of the above ingredients, and some of those combinations contain ingredients that you are not allowed to take. You must read the If in doubt, ask your counselor or a pharmacist.

OTC MEDICATIONS THAT MAY BE TAKEN TO RELIEVE ALLERGY SYMPTOMS:
ACTIFED
Alka-Seltzer Plus
cetirizine (Zyrtec®)
chlorpheniramine (Chlor-Trimeton®)
clemastine (Tavist®)
CORICIDIN
DIMETAPP
DRAMAMINE
diphenhydramine (Benadryl®)
fexofenadine (Allegra®)
loratidine (Claritin®)
TRIAMINIC

These drugs are also available in many combinations with other drugs, some of which should not be taken. You must read the ingredient list of all drugs that you may take to be sure that you are not taking a drug that is not allowed.

INGREDIENTS IN OTC DRUGS THAT <u>MUST BE AVOIDED</u>:
dextromethorphan, (DM)
pseudoephedrine
ephedrine
Abuse of any drug, that is, taking a drug in higher quantities or more often that listed on the dosing information supplied with the drug, is strictly prohibited.

Other medications may be appropriate to take, but you must check with your Counselor <u>prior to</u> taking them. You must notify your Counselor of all medications taken and a copy of all prescriptions must be provided to your Counselor before they are filled.

ANY MEDICATION USED MUST BE TAKEN ONLY ACCORDING TO THE DIRECTIONS GIVEN IN THE DRUG PACKAGE INSERT OR BY A PHYSICIAN'S WRITTEN ORDER.

Remember! When in doubt, don't use, consume or apply